

BEST PRACTICE CATALOG

Project Title: **“ART IN MENTAL HEALTH”**

Function Category: ☒ PATIENT-FOCUSED ☐ ORGANIZATION ☐ STRUCTURES

Subcategory: **Care of Patients**

Heading: **Programming**

Key Word(s): **Art Therapy**

Contact Person: **Yvonne Cherbak**

Telephone Number: **(562) 651-4246**

Hospital: **Metropolitan State Hospital**

Purpose: To bring a fine art education, experience and process to the clients of Metropolitan State Hospital. Metropolitan State Hospital has both adult and juvenile programs.

Brief Description: A full program of fine art workshops taught by professional artists. The workshops include experiences in music, visual arts, creative writing, poetry, theater and three-dimensional art. Clients also display their art work in many yearly exhibits throughout the state. Their art work has been exhibited at the Angels Gate Cultural Center, San Pedro; the Muchenthaler Cultural Arts Center, Fullerton; the Bateson Building, Sacramento; the State Franchise Tax Board, Sacramento; and an annual art exhibit at the Art Studio at Metropolitan State Hospital, Norwalk. The project was formerly carried out at Napa State Hospital. The children and project were transferred to Metropolitan State Hospital.

Selection Basis/Criteria:

The following items are available regarding this Best Practice:

☐ Photographs ☐ Video Tape ☐ Drawings ☐ Manual

☐ Other : _____

DATE SUBMITTED: **October 13, 1998**